Everything You Want to Know About Tobacco:

E-cigarettes and Other Weapons of Mass Destruction...and How to Be Rid of Them Frever.

Course description:
The course will review the history of tobacco and the health consequences of tobacco use, including smoking, dipping and chewing. It will describe recent trends in tobacco products, including flavored cigars, soluble tobacco products, snus, hookahs and E-cigarettes and the challenges these pose to health and tobacco control. Strategies to combat tobacco use will be described, involving harm reduction and quitting by nicotine replacement therapy and pharmacotherapy, and advice will be provided on how to implement tobacco cessation with your patients.

At the conclusion of this course, participants should be able to:
1. Have knowledge of current tobacco and vaping products.
2. Have a good understanding of the medications and nicotine replacement therapy available for patients ready to quit tobacco.
3. Be aware of programs available online for people to quit tobacco.
4. Be aware of brochures and information available to assist patients in quitting tobacco.
5. Be aware of the known risks of tobacco products and electronic nicotine delivery systems.

Christopher Squier, M.A., Ph.D., D.Sc., F.R.C., Director of Graduate Studies and a Professor, Department of Oral Pathology, Radiology and Medicine in the College of Dentistry at the University of Iowa. He also directs the Global Health Studies Program at the University of Iowa. Dr. Squier received his education at the University of Cambridge and the London Hospital Medical College, and a Fellow of the Royal College of Pathologists (London). He is actively involved at the national and international level in tobacco control and oral cancer prevention. Dr Squier has worked on tobacco control in Iowa for over 25 years, during which time he served three terms on the State Commission for Tobacco Control. He currently serves on the Board of Directors of the Midwest Division of the American Cancer Society.

Dr. Squier’s research is concerned with the mechanisms by which tobacco causes oral cancer and with the role of oral health professionals in assisting their patients with tobacco cessation. He has published over 200 books, chapters and peer-reviewed articles.

Nancy A. Slach, RDH, BS, TTS is a Dental Hygienist with a Bachelor of Science degree in Dental Hygiene from the University of Michigan. Ms. Slach attended the University of Iowa where she worked on a Masters in Public Health Dentistry and received her Tobacco Treatment Specialist Certification from the Mayo Clinic. She has been employed by the University of Iowa for over 34 years and has held positions at both the University of Iowa Hospital Dental Clinic as well as her current teaching position at the College of Dentistry & Dental Clinics. Ms. Slach is a member of the ADHA (American Dental Hygienists Association) as well as IDHA (Iowa Dental Hygienists Association) and the Iowa City Dental Hygiene Component as well as the ADEA
(American Dental Education Association), IPHA (Iowa Public Health Association) and ATTUD (Association for the Treatment of Tobacco Use and Dependence). She has practiced Dental hygiene in private practice as well as public health dental hygiene in Iowa County’s Well Child Clinic. Currently, Ms. Slach is employed as an Assistant in Instruction in the Department of Periodontics and as the Director of the Tobacco Cessation Program for the College of Dentistry, one of the first to be established in a dental school, which she started in 1992. In May 2012, she was appointed to serve on the Iowa Dental Board and is currently serving her second three year term, and she has also served as an accreditation site visitor and a CRDTS examiner.

Ms. Slach’s passion continues to be helping patients to stop using tobacco. She is involved at the local and state levels in tobacco cessation and tobacco control activities and has presented numerous programs to dental health professionals over the past two decades.