Though small in size, it most certainly is not lacking in extensive history, beautiful landscape, and vibrant culture. True to the Scots saying, “Guid gear comes in sma bouk!” which translates to “Good things come in small packages”, as one of the most visited travel destinations in the world, Scotland captivates even the most experienced traveller. Offering something for history buffs and first time travellers alike, Scotland’s numerous castles, lochs, and medieval cities are enough to please one’s exploratory palate. In addition to its natural landscape, which has been an inspiration to artists and writers for centuries, and its rich, unique history which dates back to Roman times, Scotland is also home to the bizarre albeit delicious haggis, known for its Angus beef, and the source of over one-hundred whisky distilleries. If you wish to dip your toes into one of its many lochs, delve into a glass of pure malt whisky, or stroll through medieval castles, Scotland will welcome you with open arms.

Saturday, September 23rd—Edinburgh

Arrive Edinburgh and transfer to Hotel Balmoral where you can relax and refresh before heading out on an afternoon walking tour of the Royal Mile.

Dinner on own

Overnight at Hotel Balmoral

Sunday, September 24th—Edinburgh

Breakfast at the hotel followed by a CE Meeting

Afternoon at leisure to enjoy Edinburgh at your own pace

Dinner this evening is a very special event as we head to Gosford House which was designed for the seventh Earl of Wemyss to enjoy a traditional Scottish dinner, including a bagpiper, the “address to the haggis”, whiskey tasting, music and highland dancing.

Overnight Hotel Balmoral
Edinburgh is two cities in one: the medieval Old Town, its famous historical past and it the ‘closes’ and ‘wynds’ of the cobbled streets and the famous Royal Mile which leads from the castle to the park of Holyrood. Next to this, the newly completed multi million pound Parliament Building. There is also the elegant and classical New Town, its Georgian apartments, built for the Noble Classes who moved away from the old town to find space and light. Witness Neoclassical facades, wide open streets and leafy parks punctuated with elegant churches and museums of the 1700 to 1800’s. The Medieval Old town has the Queen’s residence, the Palace of Holyroodhouse, at its most eastern end, and is linked to the castle at its Western end by a mile of cobbled stones named ‘The Royal Mile’.

Monday, September 25th—Fort Augustus

Breakfast at the hotel followed by a CE Meeting

Today we head to the Highlands to the town of Fort Augustus. Along the way we will stop for lunch at East Haugh House followed by a visit to Edradour Distillery—Scotland’s smallest distillery. We will enjoy a tour and tasting before checking into Lovat Hotel.

Late afternoon at leisure to explore the picturesque village or go for a stroll along the canal.

Dinner and Overnight at Lovat Hotel

Tuesday, September 26th—Loch Ness

After breakfast at the hotel you will have a choice of activities:

**Rib Boat and Hill Hike** — Take a high speed rib boat ride on the Loch where we will meet an experienced ranger for a moderate hill hike. A packed lunch with a view at the top

**Loch Ness Cruise** — For those a little less adventurous, take a cruise on Loch Ness.

After lunch the group will travel together to the Isle of Skye with a stop enroute at the picturesque Eilean Dolan Castle.

In the afternoon, those that are interested will have the opportunity to hike to the Old Man of Storr (approximately 1 hour up and back)

Dinner and overnight at Cuillin Hills Hotel

Wednesday, September 27th—Isle of Skye

After breakfast at the hotel you will have a choice of activities:

**Cuillin Hills Hike** — Morning hike follow by lunch at Sligachan Pub

**Island Life** — Morning visit to the Museum of Island Life with a photo stop at Old Man of Storr followed by lunch at Glenview Pie Shop (Max 28 people)

Afternoon CE Meeting

Dinner will be a Dine Around (not included) at Scorrybreac, Dulse and Brose or Cuchullin Restaurants

Overnight at Cuillin Hills Hotel
Thursday, September 28th—Jacobite Steam Train

Breakfast at the hotel

We head south today first taking a short ferry from Armadale to Mallaig where we embark on a unique journey to Fort William on the Jacobite Steam-Train. Featured in the Harry Potter films, the journey will take us through awe-inspiring landscapes and over the Glenfinnan Viaduct.

After the journey we will check-in to the Gleneagles Hotel

Dinner on own

Overnight at Gleneagles Hotel

Friday, September 29th—Glasgow

Breakfast at the hotel followed by a CE Meeting

We then head to Glasgow for a panoramic tour and time at leisure to discover the city.

Late afternoon tour of Stirling Castle

One of the most famous in all of Scotland, this medieval castle towers over the site of Stirling Bridge, the place of William Wallace’s victory over the English. From the castle, one can also gaze upon Bannockburn, where the English were again defeated in 1314 by Robert the Bruce. In its day, Stirling Castle was not only a strategic, military post due to its geographic location in the Highlands and at the epicenter of the wars of independence during the 13th and 14th centuries, but also the home to such important Scottish monarchs like King James VI and Mary, Queen of Scots.

Dinner at The Birds and the Bees Pub

Overnight at Gleneagles Hotel

Saturday, September 30th—Gleneagles Hotel

Breakfast at the hotel

The full day to relax and enjoy the optional estate activities

Farewell Dinner and Overnight at Gleneagles Hotel

Sunday, October 1st

Breakfast at the hotel and fly home

The Highlands is an amazing concoction of culture, history, architecture and unparalleled scenery. Think big skies, mind-blowing landscapes, superb food and hospitable people - it's a cliché, but the Highlands really is the Scotland of your imagination.
What’s Included

- Eight (8) nights in superior accommodations
- Meals
  - Breakfast Daily
  - 5 Lunches
  - 5 Dinners
- Gala Welcome Dinner at Gosford House
- Whiskey Tasting
- Tours and entrances as listed in the program
- Deluxe motor coach transportation, including transfers to and from airport
- Cruise and Travel Partners escort
- Expert local tour manager and guides

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*By Check or + 3%
Based on Double Occupancy

Are You a Golfer?

There will be plenty of opportunity to play golf

Edinburgh:
- Dalmahoy
- Muirfield
- Craigelaw

Fort Augustus
Isle of Skye
Cameron House
Glenaeagles

Possible pre or post option at St. Andrews if there is enough interest
CONTINUING EDUCATION PROGRAM

COURSE

- Nutraceuticals and Your Patient: Complementary or Conflicting?
- Controversies in Drug Therapy: Opioid Addiction and Antimicrobial Resistance
- Your Patient is on Drugs: How to Maximize Results and Avoid Risks

SPEAKER

KAREN A. BAKER, BS, MS, Associate Professor, Department of Oral Pathology, Radiology and Medicine, University of Iowa College of Dentistry. Professor Karen Baker has been a faculty member at the College for 34 years and occupies a unique role in dental practice and education. She is a clinical pharmacist with a Master's degree in clinical pharmacology and therapeutics and is focused on patient-specific dental drug therapy. Professor Baker has given over 1000 invited programs nationally and internationally and holds memberships in many dental and clinical pharmacology and therapeutics organizations. Her dental education-based pharmacy and drug therapy consultation center is the only one in the United States. She has authored more than 50 articles and abstracts and lectures extensively in pre-doctoral and graduate courses at the University of Iowa.

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