

IOWA

Wellness & Solutions

*for the Contemporary Dental Practice That
Treats Pediatric & Adolescent Patients*

OCTOBER 23, 2020

Please register before October 9, 2020

**Presented by: Pediatric
Dentistry Faculty**

4.0 Hours Relicensure Credit/Lecture Course

**½ DAY LIVE,
DISTANCE COURSE
(ONLINE VIA ZOOM)**

ALL FRIDAY COURSES WILL BE HELD ONLINE VIA ZOOM Due to COVID-19, we are moving all Friday 2020 CE courses online in order to reduce foot traffic in the College of Dentistry.

THE PROGRAM & OBJECTIVES

The course is targeted to all providers who treat children and it is designed to increase the comfort level and expertise of the entire dental team when it comes to treating today's pediatric dental patients. The purpose of this program is to address contemporary pediatric dental topics such as pediatric obesity and obstructive sleep apnea. In addition, the program will address the use of Teledentistry during the new COVID-19 era and discuss the importance of recognizing and treating healthcare professional stress and burnout, as well as learning strategies for implementing self-care in order to provide optimal patient care. Psychoeducation regarding the impact of COVID-19 on these topics will also be provided. Participants will have opportunities to engage in discussion and Zoom polling as well as ask questions anonymously. This course is sure to give you valuable information to tackle some of the most challenging situations encountered with today's pediatric dental patients.

PROGRAM SCHEDULE

Faculty members of the University of Iowa College of Dentistry's Department of Pediatric Dentistry and Counseling Services will present the following series of lectures. At the completion of each presentation, participants should be able to:

7:45 AM | ZOOM COURSE WILL OPEN

8:15 AM | WELCOME AND OPENING REMARKS

Dr. Karin Weber-Gasparoni



8:30 – 10:00 AM | Cari Anderson • M.S.W., L.I.S.W.
Director, Dental Counseling and Wellness Support Services

ADDRESSING BURNOUT IN ORAL HEALTHCARE SETTINGS

- Define burnout, its relationship to stress and impact on patient care being provided and received;
- Identify current environmental factors and job related stressors within oral healthcare settings that are contributing to increased burnout and impact the mental health of both patients and providers; and
- Recognize and learn strategies to mitigate the impact of stress and burnout in order to provide optimal patient care.



10:00 – 10:50 AM | Polly Iben • D.D.S.
Clinical Assistant Professor

PEDIATRIC OBSTRUCTIVE SLEEP APNEA

- Review the etiology, predisposing factors, and implications of Pediatric Obstructive Sleep Apnea (POSA);
- Discuss the incidence of POSA and how to recognize the physical and behavioral signs of this condition; and
- Identify possible treatments for POSA.

10:50 – 11:05 AM | BREAK



11:05 – 11:55 AM | Amy Lesch • D.D.S., M.S.
Assistant Professor

CHILDHOOD OBESITY: A ROLE FOR THE DENTAL COMMUNITY

- State the definition of childhood obesity and its associated health risks;
- Describe the current recommendations for obesity prevention; and
- Summarize how dental health professionals can work within the larger medical community on obesity prevention efforts.



11:55 AM – 12:45 PM | Kecia Leary • D.D.S., M.S.
Associate Professor

TELEDENTISTRY: A SOLUTION

- Outline the history of Teledentistry/Telemedicine;
- Explain how the impact of COVID-19 impacted the use of Teledentistry; and
- Provide recommendations for using Teledentistry for the future.

GENERAL INFORMATION

The College of Dentistry will make every reasonable effort to assure that requested continuing education programs are provided, but assumes no liability for failure to deliver beyond the refunding of any fees paid to The University of Iowa. Sponsorship of this course does not imply subject matter, product or technical endorsement. This material is offered to the profession for educational and informational purposes in a spirit of academic freedom.

PRE-REGISTRATION: Pre-registration is recommended at least two weeks before course date – October 9, 2020.

FEES (ONLINE COURSE):

Dentist \$160 | Assistant/Hygienist/Technician \$90

REGISTRATION OPTIONS: Registrations will not be accepted without payment. You may register using any of the following methods:

ONLINE LECTURE COURSE

(You will watch the course from your computer.)

✦ **Online registration**, at dentistry.uiowa.edu/CERegistration

☎ If you need assistance registering online, or if you want to process your registration with a check, please contact the Dental Alumni/CE office at 319-335-7166, prior to mailing your registration payment.

Upon registering, you will be enrolled in the course by the Dental CE office. **A week prior to the course, you will receive instructions on how to access the course** as well as the handouts for the course. The course link will be provided to you at that time as the course will be led in a password-protected site that only paid participants will be able to access.

CANCELLATIONS/REFUNDS: Fees paid will be refunded less a \$55 per person processing fee following notice of cancellation. Refunds will not be granted for cancellations received after the course begins. For registrations charged to your credit card, the refund will be credited to your account. If insufficient enrollment necessitates canceling a course, all fees will be refunded.

CONTINUING EDUCATION CREDIT/RECORD KEEPING: A CEU verification will be provided (by email following the program) only for those individuals who pass the quiz at the completion of the program. All attendees are encouraged to complete the online quiz immediately after the course which will ensure that a letter documenting attendance will be sent following the program. The CEU verification will be emailed to the email address you include in your registration; please be sure to provide a valid email address. The University of Iowa College of Dentistry designates this activity for 4 hours continuing education credit (0.4 CEU).

THANK YOU FOR PARTICIPATING in our continuing dental education courses. We appreciate your support and interest in our dental programs. Your patronage allows us to provide the highest quality and most current education in dentistry. If you have any suggestions for the Office of Continuing Education or would like further information about our programs, please visit us online at www.dentistry.uiowa.edu/ce or contact:

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