The College of Dentistry’s State Fair Booth

On August 14, the Operative Dentistry Department sponsored a University of Iowa booth at the Iowa State Fair entitled, “Creating a Beautiful Smile.” The booth workers dispensed information about esthetic dentistry and provided quick esthetic consults to those who desired them. Over 600 toothbrushes were given away to fair participants within 2 hours. Individuals involved in the booth were Drs. Deb Cobb, Marcela Hernandez, Viracha Vachiramun, and Jerry Denehy. Dr. Steve Vincent also represented OPRM in the dentistry booth at the Iowa State Fair.

Recent Publications


Hurricane Katrina Relief Effort Information

President David Skorton asks UI affiliates who are interested in aiding hurricane victims to go to the University’s page on hurricane aid:
http://www.uiowa.edu/~ournews/hurricane/.

Also, KZIA Z102.9 FM/HD Radio is helping the hurricane victims by filling a semi-trailer provided by CRST with supplies for the people on the Gulf Coast. Schulte and Swann announced that they will begin collecting supplies Thursday, September 1, from 6 a.m. until 7 p.m. at Allen KIA, located at the corner of Center Point Road and Boyson Road, Hiawatha. On Friday, September 2, the semi will be at Coral Ridge Mall from 6:00 a.m. to 7:00 p.m. in Coralville. After the final donation stop, the semi will be driven to those in need. Needed items include the following:

- Water and any drinks by the case
- Batteries
- Generators
- Canned Goods
- Canned Drinks
- Chain Saws
- Baby Diapers
- Baby Food

For additional information, log onto http://www.kzia.com or http://www.schulteandswann.com.

Josh Everts Selected to Participate In Primary Care Leadership Training Program

Joshua Everts, senior dental student at The University of Iowa College of Dentistry, was selected as one of 40 dental and medical students who recently participated in the Primary Care Leadership Training Program. This program is offered by the American Medical Student Association under the auspices of the Achieving Diversity in Dentistry and Medicine Project. This year’s theme was “Serving the Underserved: Your Role,” which is designed to educate students about community health centers, their activities and potential roles for students, physicians and dentists. The week-long institute was hosted by the University of Texas Health Science Center at Houston. Josh felt the program was well worth the time as it educated the participants to take personal responsibility for the access-to-care issue that is facing our profession.
35th Annual Meeting and Exhibition
To Be a Joint Meeting for AADR and ADEA

The 35th Annual Meeting and Exhibition of the AADR and ADEA will be held at the Walt Disney World Dolphin and Swan Hotels in Orlando, Florida, March 8-11, 2006.

To submit your abstracts, go to http://www.dentalresearch.org/meetings/orlando/abstracts.html (AADR) or http://www.adea.org/Annual_Session/index.html (ADEA).

To learn more about the meetings, go to: http://www.dentalresearch.org/meetings/orlando/index.html (AADR) or http://www.adea.org/Annual_Session/index.html (ADEA).

The abstract submission deadline for AADR and ADEA is September 30, 2005.

Recent Publications


FILLING STATION MENU
September 5-9, 2005

Monday: Closed for the Holiday

Tuesday: Soup: Road House Chili
DELI MEAT: Roast Beef
Grilled Chicken Sandwich
BBQ Pork Loin w/Mashed Potatoes & Vegetable
Potatoes/Gravy
Moroccan Blend Vegetables

Wednesday: Soup: Creamy Broccoli & Cheddar
DELI MEAT: Turkey
Beef Enchiladas w/Rice & Beans
Marinated Grilled Pork Tender Loin Sandwich
Potatoes/Gravy
Broccoli w/Cheese Sauce

Thursday: Soup: Heartland Chicken & Rice
DELI MEAT: Salami
Chicken Burrito
Sloppy Joe
Grilled Chicken Sandwich
Potatoes/Gravy
Sicilian Vegetables

Friday: Soup: Tomato Basil Bisque
DELI MEAT: Pastrami
Meatloaf w/Mashed Potatoes & Vegetable
BBQ Chicken Sandwich
Potatoes/Gravy
Green Beans

A copy of the menu can be found on IntraDent:
http://www.dentistry.uiowa.edu

Save $15 on Single-Day Tickets
At Worlds of Fun (Kansas City)

Dental Human Resources now has $15-off coupons for Kansas City’s World of Fun. The amusement park has five extreme haunted attractions; roller coasters and thrill rides; spooky shows; scare-free daytime family fun; and unlimited access to HalloWeekends Attractions.

The coupon is good for Friday-Sunday, September 24-October 30, 2005. Hours vary per day. Please contact Dental Human Resources, if you’d like any coupons.

For UI Wellness News, See Page 6 of this issue (online only)

DSB WEEKLY
College of Dentistry
N445 DSB
No. 698 September 5, 2005
EDITOR: Christine White
PRODUCTION MANAGER: Judith Norris
DESIGN: Barbara Colbert
FOOD EDITOR: Melanie Forbes
TRANSITIONS EDITOR: Tammi Hamer
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Dr. Jerry Denehy Presents a Toothbrush to a Young State Fair Attendee

Viracha Vachiramon, Operative Dentistry Graduate Student, With Some Fair Attendees
Drs. Deb Cobb, Viracha Vachiramon, and Marcela Hernandez Offer Toothbrushes

Dr. Marcela Hernandez, Operative Dentistry, Talks to Some Fair Attendees
Drs. Hernandez, Denehy, Cobb, and Vacharamon
Working at the Creating a Beautiful Smile Booth at the State Fair
News for UI Faculty and Staff from UI Wellness – September 2005

**Featured Wellness Consult for FALL 2005: Inside MyPyramid.gov** This interactive wellness consult will allow each participant to tailor an eating plan according to the USDA’s New Food Guide Pyramid. Prior to the consult, participants will go to MyPyramid.gov to generate a My Pyramid Plan that is unique to them. During a 45-minute worksite consult, UI Wellness staff will present strategies for eating according to this plan and answer any questions that individuals may have. Register at UI Wellness Home. Requires 2 weeks to schedule and a minimum of 10 attendees.

**Well On Our Way (WOOW) Registration** is finally here - September 1-30, 2005. All year long, UI Wellness receives requests for this popular online incentive program; the much-anticipated 2005 registration period is finally here! Participants log points on a monthly basis and are sent prizes (t-shirts, gym bags, massage gift certificates, and more) at different milestones. Participation is self-directed and self-reported, but emphasis is placed on participating in activities from the seven dimensions of wellness: physical, emotional, spiritual, environmental, occupational, social, and intellectual. REGISTER NOW at [http://hris.uiowa.edu/wellness/programs/woow/](http://hris.uiowa.edu/wellness/programs/woow/)

**Recovery Month**
Join The UI College of Public Health’s Prairielands Addiction Treatment Transfer Center in observance of September as National Alcohol and Drug Addiction Recovery Month. Recovery Month is supported by the U.S. Department of Health and Human Services to raise awareness that addictions can be recognized and treated. To find out more, visit [www.recoverymonth.gov](http://www.recoverymonth.gov) and [www.pattc.org](http://www.pattc.org)

**Managing Stress in Your Workplace**
Identifying signs and symptoms of employees who are "at risk" for stress, depression, anger, or drug use, can be difficult and confusing. Addressing these issues is never easy, especially when entire workgroups are impacted. Gain valuable ideas about how to respond to these situations and better manage your own responses to stress. This class will be held on Tuesday, October 4th from 8:30am-12:00 noon; there is no fee. Register by September 23rd at [http://www.uiowa.edu/~fusstfdv/](http://www.uiowa.edu/~fusstfdv/)

UI Wellness Home – Online this Month
Go to A-Z Search and click on “W” for Wellness!

**Monthly Health Feature** – Healthy Recipe Resources

**Monthly Cancer Feature** – Gastroesophageal Reflux Disease (GERD)

**NEW!** Fruit and Vegetable of the Month