Julie Eichenberger Gilmore Selected to Receive the Mary P. Hudlson Award

Julie Eichenberger Gilmore, coordinator of the Iowa Fluoride Study, has been chosen to receive the Mary P. Huddleston Award, which honors the Journal of the American Dietetic Association’s best article of the year. The award is named for Mary Pascoe Huddleston, who was the editor of this journal from 1927 to 1946. Julie will be honored in September at the American Dietetic Association’s annual meeting.

The article for which Julie is being honored is: “Longitudinal patterns of vitamin and mineral supplement use in young white children.” Journal of the American Dietetic Association. 2005;105:763-72. Her co-authors are Liang Hong, Barbara Broffitt, and Steven Levy.

Lend a Hand to a Co-Worker

Due to her 12-year-old son’s recent accident and subsequent surgery, Teresa Hahn, a dental assistant in Oral and Maxillofacial Surgery, has exhausted her sick leave and vacation. Anyone wishing to help Teresa by contributing vacation time may pick up a catastrophic leave donation form from either Jane King or Kate Kane (S457) in Oral Surgery, or by clicking http://www.uiowa.edu/~eforms/hr/contrib.pdf. Once the form is completed, please send it to Benefits Office, USB. Any contributions of one hour or more on Teresa’s behalf will be truly appreciated.

Thank You

I would like to thank everyone for their kind words, thoughts, prayers, cards, and flowers during a tough time for myself and my family after we recently lost my dad to lung cancer.

Sharon Hansen

Trek 100 Ride for Hope: A Bike Ride to Raise Money for Childhood Cancer

Four faculty and three students from the College of Dentistry participated in the 17th Annual Trek 100 Ride for Hope bicycle ride in Wisconsin, Saturday, June 3. The collegiate riders included Drs. Phil Tan and Rick Williamson, Family Dentistry; Anne Williamson and Bruce Justman, Endo; 2006 dental grads Kelly Clarkson and Laura Milnor; and Mike Zachar (D3).

Trek Bicycle Corporation and the Midwest Athletes Against Childhood Cancer (MACC) Fund sponsored the ride, which supports pediatric cancer research. Participating bikers acquire pledges per mile they ride and thanks to them, sponsors and volunteers, the Trek 100 rides have contributed more than $5.2 million to pediatric cancer research.

The course looped through the beautiful lake country area just west of suburban Milwaukee in Pewaukee, Wisconsin. The event is always organized to be fun yet challenging for riders of all levels. This year there were 2,400 cyclists, and more than $700,000 was raised.

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Recent Publications


Word Play: Limericks

There once was a girl named Irene
Who lived on distilled kerosene.
But she started absorbing
A new hydrocarbon
And since then has never benzene.

A crafty young bard named McMahon,
Whose poetry never would scan,
Once said, with a pause,
"It’s probably because
I’m always trying to cram as many extra syllables into
The last line as I possibly can.”

FILLING STATION MENU


Monday: Soup du Jour $2.25 / $3.25
DELI MEAT: Ham
Crispy Chicken Sandwich w/Chips $4.00
Meatloaf w/Side Dish $3.00
Roasted New Potatoes .80 / Mashed Potatoes .80
Peas & Carrots $1.25

Tuesday: Soup du Jour $2.25 / $3.25
DELI MEAT: Roast Beef
Cheese Burger w/Chips $3.95
Chili Cheese Dog w/Chips $3.50
Mashed Potatoes .80
California Blend Vegetables $1.25

Wednesday: Soup du Jour $2.25 / $3.25
DELI MEAT: Turkey
Taco Bar!!! – Get a 16 oz. Fountain Beverage for only .50!!!
Grilled Chicken Sandwich w/Chips $4.25
Mashed Potatoes .80
Capri Blend Vegetables $1.25

Thursday: Soup du Jour $2.25 / $3.25
DELI MEAT: Salami
Buffalo Chicken Sandwich w/Chips $4.00
Chicken Fried Steak w/Side Dish $3.50
Mashed Potatoes .80
Corn $1.25

Friday: Soup du Jour $2.25 / $3.25
DELI MEAT: Pastrami
Fajita Bar!!! – Get a 16 oz. Fountain Beverage for only .50!!!
Grilled Pork Chop w/Side Dish $4.25
Macaroni & Cheese $1.25
Mashed Potatoes .80
Broccoli $1.25

A copy of the menu can be found on IntraDent:
http://www.dentistry.uiowa.edu
The Iowa group had six seasoned bike riders and one tag-along apprentice. Although the ride was not a race, some of the Iowa bikers were determined to prove their abilities. (Dr. Tan averaged 16 mph while others averaged 14.3 mph.) There were refreshment stops every 10-12 miles. The first to arrive at the finish line was Justman, which didn’t mean that he was the fastest. While the other six Iowa riders completed the 100-mile route, Bruce opted for the 20-mile route. Readers must give Dr. Justman a break – this was his first long ride. He did start two hours later to give the 100-milers a competitive chance. Completing the entire 100-mile route was a great achievement for the six Iowa riders, and all came to the finish line with energy to spare. There were no mentionable injuries and everyone enjoyed the ride. MACC Fund offered refreshments and entertainment after the ride was completed. The Iowa cyclists spent the evening replenishing all of the calories they burned during the ride and enjoying refreshments around an outdoor fire pit.

On Sunday, the return car ride almost required more endurance than the ride itself – several of the lowans’ backsides began to feel the effects of riding the day before!

To enjoy the trip vicariously, without backside pain, see the photos below.

Drs. Bruce Justman and Philip Tan Biking on Trek 100

← (left) Drs. Rick and Anne Williamson with Mike Zacher (D3). Their fingers signify 70 miles completed.

(above) Drs. Rick and Anne Williamson with Mike: 80 miles completed!

(l-r): B. Justman; Bill Ahern; R. Williamson; L. Milnor; P. Tan; A. Williamson; K. Clarkson-Zachar and husband, Mike Zachar, at the Kall Inn, Dubuque, for a great meal—["Wrong!" commented Rick!]

Drs. Bruce Justman and Philip Tan Biking on Trek 100
CORNFED Bike Ride  
June 27th, 2006

Start from the parking lot on 500th St. SW just off Highway 1. Ride east to Sharon Center, continue east to Bayertown Rd; take it and loop south/west/north back to Sharon Center, then west back to parking lot. Distance is 16.3 miles.

To get to the parking lot, take Highway 1 south 9.5 miles south of Highway 218. Turn left on 500th St. SW. There is a small parking lot immediately on the right. Park there. The ride is average difficulty, minimal cars and nice scenery. We will discuss dinner options during the ride. This is the same ride that was cancelled last week due to weather. The leader will be Dave Reynolds. To see a map of the route, go to I:\Share\Cornfed.