American Association for Dental Research
Orlando, Florida, March 2006
Presentations

University of Michigan 67
University of Iowa 60
University of Texas, San Antonio 50
Ohio State University 48
University of North Carolina 43
University of Florida 39
University of Missouri, Kansas City 35
University of Washington 35
University of Alabama, Birmingham 32
University of Texas, Houston 32
SUNY, Buffalo 31
University of California, San Francisco 31
University of Tennessee 30
Indiana University 29
University of Illinois, Chicago 26
Medical College of Georgia 25
UCLA 25
University of Minnesota 23
University of Kentucky 22
University of Maryland 20

Dr. Galen Schneider and Clark Stanford
To Receive IADR/AADR Cover of the Year Award

Drs. Galen Schneider and Clark Stanford, both Prosthodontics and Dows, will receive the Cover of the Year Award from the IADR/AADR during the upcoming dental research meeting in Orlando, Florida. The image, used on the November 2005 cover of Journal of Dental Research, was from an article published in the same issue: “Apatite/Amelogenin Coating on Titanium Promotes Osteogenic Gene Expression.” UI College of Dentistry authors included Dr. Galen Schneider, Prosthodontics and Dows; Rebecca Zaharias, Dows; Denise Seabold, Dows; and Dr. Clark Stanford, Prosthodontics and Dows. The full citation for this article is:


Dr. Murray Bouschlicher’s Daughter
Featured on Cover of Fly Fisherman

Barbara (Bouschlicher) Mitchell, the daughter of Dr. Murray Bouschlicher, Department of Operative Dentistry, was featured on the cover of Fly Fisherman in February 2006. She caught the king salmon on a fly rod while fishing the Rogue River near the Oregon coast. Dr. Bouschlicher reports that it took her about 10 minutes to land the fish.

Coming Thursday, March 30th!!
Electronic Resources for Your PDA
Noon, Oral B Classroom

Kathy Skhal & Kim Bloedel, Hardin Librarians

Coming Soon —
The Working at Iowa Survey
See Page 3 for Details!

News for UI Faculty and Staff
from UI Wellness – March 2006
See Page 4
Recent Publications


Work-Related Injuries and Illnesses

Staff are reminded of the following policy that went into effect in August 1995 regarding work-related injuries and illnesses. All faculty and staff members must be initially treated in the Workers Health Clinic, Clinic A, at the University of Iowa Hospitals and Clinics, for any work-related injury or illness. The Workers Health Clinic is open Monday through Friday from 8 a.m. to 4:30 p.m. If possible, please phone the Clinic (3-8653) prior to arriving for treatment for work-related injuries or illnesses needing *emergency care*. When the Workers Health Health Clinic is closed, the UIHC Emergency Treatment Center should be used. You must inform the Emergency Center staff that you are requesting treatment due to a workplace injury. Emergencies are considered to be the sudden, serious and unexpected onset of symptoms that require immediate medical care.

*Please carefully note the following important fact:* any initial treatment for a work-related injury or illness received outside of the Workers Health Clinic or University Hospital Emergency Center will not be covered by either Worker’s Compensation or your University health insurance plan.

If you have questions, please contact Dental Human Resources at 5-9650.

Filling Station Notice

The Filling Station
Will Close at 2:00 PM
March 13-17, 2006
(During Spring Break)

Word Play

Two antennas met on a roof, fell in love, and got married. The ceremony wasn’t much but the reception was excellent.

“Doc, I can’t stop singing ‘The Green, Green Grass of Home’.”

“That sounds like the Tom Jones Syndrome.”

“Is it common?”

“Well, it’s not unusual…”

An invisible man married an invisible woman. The kids were nothing to look at either.

What do you call a fish with no eyes? A fsh.
The Working at Iowa Survey
Coming to a computer near you
April 17, 2006
http://www.uiowa.edu/hr/working/
Weight Watchers @ Work - New groups are forming in March. To register for the program, please plan to attend an Open House Meeting. Payment is due at this time to receive 1 FREE week, giving you 14 classes for the price of 13! Classes are held on the East and West sides of campus. A minimum of 15 people must register and pay at the Open House meetings to hold a class. For more information, visit http://www.uiowa.edu/hr/oe/worklife/wellness/ww.shtml

March is National Nutrition Month
- -- Personalized eating plan: www.mypyramid.gov
- -- Ideas on how to get “5 to 9” (fruits & veggies) from “9 to 5”: http://5aday.gov/
- -- UIHC Food and Nutrition Services (menus and nutrient analysis)

Nominate a Wellness Hero - The Wellness Heroes program is designed to recognize coworkers who inspire us to change our behavior for healthier lives. During the current year, nominations will be considered in any area of good health, including:
- **Physical**: self-care practices, fitness, nutrition, safety
- **Emotional**: self-esteem, attitude, relaxation
- **Intellectual**: creative and stimulating mental activities, humor
- **Spiritual**: meaning and purpose in life
- **Social**: social relationships, family activities
- **Occupational**: health work practices
- **Environmental**: personal, local and global environment

Wellness Heroes will receive a certificate and small gift that will be delivered to them at their workplace! Nominate a co-worker at http://www.uiowa.edu/hr/oe/worklife/wellness/heroes/index.shtml

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UI Wellness Home – Online this Month
Go to A-Z Search and click on “W” for Wellness!

Monthly Health Feature – Living with Arthritis
Monthly Cancer Feature – Cancer Prevention
Fruit and Vegetable of the Month – Leeks & Green Onions / Exotic Winter Fruit

* Add slices of tamarillo to your favorite sandwich for a tart twist.
* Add feijoa to your favorite lowfat smoothie for a taste of the tropics.
* Top your cereal with a red banana for a colorful change.
* Top your nonfat yogurt with kiwano melon for a tangy treat.
* Add guava to fruit salad for an added taste of sweetness